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Bangalore Mirror ON SATURDAY

TEMP Max 26 | Min 19 | Humidity 74% Scattered Thunderstorms Sensex 65,970 | Nifty 19,794 | Gold 61,374 | Silver 73,893 | Dollar 83.36 | Euro 91.22 | GBP 105.08

Project to make Gandhi Bazaar pedestrian-friendly has transformer installed in middle of footpath

CURRENT AFFAIRS

BBMP-DULT project costs an estimated Rs 26 cr

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

It is the bounden duty of the Bengaluru Electricity Supply Company (Bescom) to follow Karnataka High Court's directive on relocation or replacement of transformers from footpaths in the city.

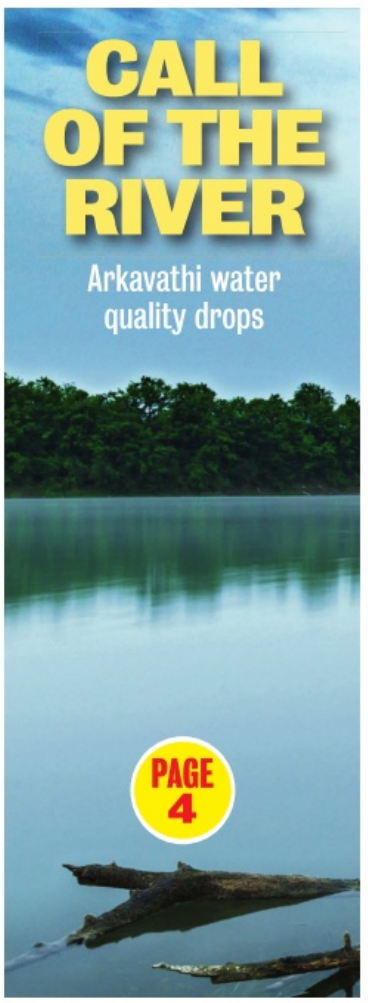
It is a responsibility of the Bruhat Bengaluru Mahanagara Palike (BBMP) authorities to ensure utilisation of tax-payers' money prudently.

Fact is the Bescom and BBMP are often oblivious to responsibilities: for example, the BBMP and the Directorate of Urban Land Transport (DULT) have taken up a project to make Gandhi Bazaar in Basavanagudi pedestrian-friendly at an estimated cost of Rs 26 crore.

However, pedestrians, street vendors and shop owners in the area are running pillar to post to convince the authorities concerned to

CONTINUED ON PAGE 10 »

"Installation of transformer on footpath is against the High Court's directive to Bescom
— GR Mohan, advocate



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Here's to effective diabetes management

The largest body of diabetologists in the country, the Research Society for the Study of Diabetes in India (RSSDI), has 23 state chapters, among which the Karnataka Chapter has been awarded the 'Best State Chapter' at the National Conference of RSSDI for adopting several initiatives and measures to promote diabetes care in the state.

Dr Manohar KN, Chairman of KRSSDI, under his chairmanship, had adopted various phenomenal and inspirational works in promoting diabetes care in the state. One such initiative is the MadhuMeha Patashala, which is a unique vision for diabetes education in schools. Another initiative is MadhuMeha Samvada, which is a public information initiative on social media (FB Live). Besides these, a quarterly newsletter, MadhuVani, for the doctors has been initiated. In recognition of these activities, the Karnataka Chapter was awarded the 'Best State Chapter' at the National Conference for RSSDI.

> **"At various schools, we have started the initiative to go and educate the students about diabetes**
> – D r Manohar KN, Chairman of KRSSDI

Dr Manohar said, "School is the best place to educate children. At various schools in Bengaluru and Mysuru, we have started the initiative to go and educate the students about diabetes and obesity. The aim is to control the prevalence of diabetes. We have a module where doctors go and speak and educate students about diabetes."

Unfortunately, screens have become the new playground, where children are found glued to screens and even play games there. There is a need to have an active lifestyle and good dietary habits to have a healthy life. Under the MadhuMeha Patashala, give out forms for students to fill out their personal details and questions related to diabetes. Students are even given homework to go and evaluate their families sugar and blood pressure levels and submit them to the doctors, thereby creating awareness, he added. **— BMB**

Defying expectations: Left is the new right

This city based illustrator ventures into artistic exploration by drawing with his left hand; he began using his left hand after his right hand and clavicle were injured

| Rachana Ramesh
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TWEETS @BangaloreMIRROR

Typically, the majority of people utilise their right hand for artistic and work-related activities. However, have you ever considered the impact of abruptly switching to the left hand for these tasks? Well, elevating his craft to an exceptional level, the city-based senior artist, Pa Sa Kumar, has embraced a new artistic dimension by utilising his left hand. Kumar's selected artworks created with his left hand have been put on display for the first time. The exhibition is being held at Art Houz in Vasanth Nagar. Titled 'Markings of a Hand', the solo exhibition comprises 81 drawings and four paintings.

Pa Sa Kumar told Bangalore Mirror that he began drawing in his left hand after his right hand and clavicle were injured in 1998. "The doctor told me that there was a 50% chance of being able to draw again. I began to think that if I don't draw, what am I? It was a question of my identity," he said, adding that he was also worried about how his family would be supported. He soon began to practice drawing with his left hand day by day, gaining control over the lines. After three to four months, Kumar regained the ability to draw with his right hand. However, he found that there was a special quality in his left-hand drawings.

"It does not listen to what I say, but I should accept what it draws. That is the drama between me and my left hand," he explained, comparing his left hand to an unruly child.

The subjects of Kumar's drawings are the people around him. Several of the drawings have a 'catch the moon' theme. When questioned about what the moon meant to him, Kumar said, "The moon is a metaphor representing the dreams of those from the middle class and below. Normally, we middle-class people dream and chase through our lives, even though they might not be fulfilled. One day, I was travelling from Bengaluru to Mysuru, and the moon came along with me from Bengaluru to Mysuru too. You cannot catch the moon till you die, but you don't give up," explained the artist.

> **"The early works are a pivotal response to the emotional state of mind, moving from agony** – Dr Pramila

He believes that there is always something or the other following, stopping one's completeness. After his retirement 16 years ago, Kumar took drawing with his left hand more seriously. He said that left-hand drawings are his strength. His right-hand drawings can't produce the same thing, even on command. It is his weapon now. However, Kumar does not want to tame his left hand. "It is very dangerous. Naturally, the right hand is tamed, resulting in polished lines and correct anatomical proportions. The left hand creates its own anatomy. The eyes are somewhere, the nose is somewhere, and the limbs are somewhere else. That is beautiful," he noted.

Pa Sa Kumar (inset) has embraced a new artistic dimension by utilising his left hand; his work has been put up for display

Kumar credits this exhibition to the efforts of Dr Pramila, who curated the show, and Jayanthi S of Art Houz, where his work has been put up. Works from 1998 to date have been perfectly curated and put on display.

"The early works are a pivotal response to the emotional state of mind, moving from the agony of an accident and shouldering family responsibility to nightmarish monstrous creatures devouring one's peace of mind. Among the later drawings, we see a segment that portrays man as he trapezes through situations, holding onto social strings of vulnerability," Dr Pramila stated in the curatorial note.

"It presents overwhelming grit to overcome a setback, a traumatic period of nurturing a fractured right arm, of helplessness, and of new beginnings that transform the mind to create an instinctive rhythm of creative understanding. It was a platform for the artist to explore the power of the left hand as it coursed across lines marking reality and fantasy," she added.

CONSUMER CONNECT INITIATIVE

5 Practical Ways To Make Journeys Hassle-Free

Have you ever felt overwhelmed and exhausted during airport queues or road trips due to carrying too much stuff? If so, it's time to embrace the concept of hassle-free travel. Whether you're a seasoned globetrotter or a first-time adventurer, these simple ways suggested by Anuj Sawhney, Swiss Military, will empower you to embark on unforgettable trips without unnecessary burdens.

Plan Ahead

One of the critical elements of hassle-free travel is efficient planning. Start by creating a detailed itinerary that includes your transportation, accommodation, and activities. Booking flights and accommodations well in advance saves you money and ensures you have the best options.

Utilise travel apps and websites to stay updated on flight status, weather conditions, and local events, and even get discounts on bookings. Take advantage of online check-in services to save time at the airport. Planning ahead reduces the chances of last-minute surprises and lets you have a more relaxed journey.

Pack Smart

Over-packing is a common mistake that can lead to inconvenience and additional expenses. To avoid this, invest in a travel organiser set, including packing cubes, compression bags, and pouches. These accessories will help you neatly arrange your belongings, making them easily accessible throughout your journey. You can also carry foldable bags just in case you plan to shop on your trip and return with some additional luggage.

Self-Care On The Go

Maintaining your wellbeing during travel is crucial for an enjoyable trip. Prioritise self-care by staying hydrated, especially during long flights or train journeys. Carry a refillable water bottle and keep yourself well hydrated throughout the trip. Get enough rest during your journey, invest in travel pillows to add comfort to the travel. This will ensure you start your adventure with energy and enthusiasm. Remember, a healthy and energised traveller is better equipped to handle unexpected challenges.

The Right Luggage

Your choice of luggage can significantly impact your travel experience. Invest in lightweight and durable options that are easy to carry and handle. Materials like polycarbonate or high-quality nylon can help reduce the overall weight of your bags while ensuring they withstand the rigours of travel.

Or if you are a backpacker, consider a versatile travel backpack with multiple compartments to keep your belongings organised. Look for one with padded shoulder straps and a comfortable back panel to ease the strain on your shoulders and back. The right luggage can make moving around airports and navigating busy streets a breeze.

Essentials Handy

A well-packed carry-on/sling can be a lifesaver during unexpected situations like flight delays or lost checked baggage. Pack essential items such as travel documents, medications, and toiletries in your carry-on. A portable charger or power bank is necessary for keeping your electronic devices charged, ensuring you stay connected.

by Kalwyna Rathod, Femina

PAGE 8

DECIBEL TROUBLE: Non-stop noise builds up in residential area

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CODE	DAYS		
RF	07	Rajasthan Mewad Mt. Abu	10 Jan, 10 Feb
NN	09	Darjeeling Gangtok Pelling	24 Feb, 9 March
OC	13	Uttaranchal Chardham Yatra	25 May, 4, 16 June
KF	07	Panoramic Kashmir Vaishnodevi	1 April
NK	07	Leh Ladakh	7 April, 10 May, 15 June
FV	10	Vietnam Cambodia	21 Dec,18 Jan,14 March
WI	05	Bali	23 Dec, 14 Feb
NZ	10	Bhutan	25 Dec, 6 March, 10 April
QA	06	Thailand	28 Dec, 9 Jan, 20 March
MS	08	Sri Lanka	7 Jan, 3 March
Q2	10	Singapore Thailand Malaysia	18, 25 Jan
Q8	06	Singapore Malaysia	25 Jan, 23 Feb
V1	13	South Africa Kenya Victoria Falls	12 Feb,13 May
NP	08	Nepal	16 Feb
D1	06	Dubai Abu Dhabi	18 Feb
JF	08	Japan Cherry Blossom	30 March
A1	17	Australia New Zealand	22 April, 6 May
EQ	09	Tulip Special Paris and Giethoorn	26 April
P7	12	Images of Europe	8 April, 20 May, 3 June
E1	22	All of Europe	10,24 April, 8, 22 May, 5 June
EB	11	Austria Swiss Paris	22 April
EO	14	England Scotland Ireland Wales	4 May,19 July
EH	15	Spain Portugal Morocco	4 May,21 Sep, 26 oct
P8	10	Glimpses of Europe Lake Lugano	9 May,20 June
M1	06	Mauritius	10 May, 22 Sep
EU	13	Egypt Greece Turkey	13 May
EW	09	Best Of Scandinavia	17 May,12 July
ER	09	Best Of Eastern Europe	24 May
ES	15	Central Europe	24 May
U3	13	USA East And West Coast	16 May, 6 June, 11 July

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Little improvement in Arkavathi water quality

Karnataka State Pollution Control Board's latest report reveals alarming increase in coliform bacteria; citizens face health risks

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TWEETS @BangaloreMIRROR

View of the Arkavathi Dam from Harobele

The water quality of the Arkavathi River stretch at TG Halli reservoir has failed to improve over the last five years. According to the latest water quality analysis report by the Karnataka State Pollution Control Board (KSPCB), not only has there been no improvement in river water quality, but it has further deteriorated.

The water quality report for September 2023 reveals a multifold increase in total coliform bacteria over the last five years. While the total coliform value reported in September 2018 was 9,200 MPN/100 ml, it has risen to 1,60,000 MPN/100 ml. The amount of faecal coliform bacteria has also tripled (from 2800 MPN/100 ml to 7,000 MPN/100 ml), and the BOD value has increased from 4 mg/L to 6 mg/L.

According to CPCB standards, the permissible level of faecal coliform bacteria in water bodies suitable for bathing, contact water sports, and commercial fisheries is 100 MPN/100 ml. Similarly, in water bodies suitable only for industrial cooling, aesthetics, navigation, and controlled waste disposal, the permissible level of faecal coliform bacteria is 500 MPN/100 ml.

City-based water quality experts say that such high levels of total and faecal coliform indicate contamination of water with the faecal material of humans or other animals. They emphasize that such high levels of harmful bacteria in the water body pose health threats to citizens. Experts also express concern about the state government's decision to reduce the buffer zone of Arkavathi near TG Halli, stating that it will further worsen the situation.

"High coliform and high levels of BOD imply the presence of untreated sewage and other organic matter in the water body. Over time, the amount of untreated sewage and industrial effluents being discharged has increased, leading to higher values. This report also explains why the buffer zone near the reservoir should not be reduced. Buffer zones shield the water bodies from contaminants. Any reduction will lead to higher levels of pollutants entering Arkavathi," said Dr. TV Ramachandra, Centre for Ecological Sciences, Indian Institute of Science (IISc). The state pollution watchdog (KSPCB) tests the river water for dissolved oxygen (DO) level, biochemical oxygen demand, total coliform, and faecal coliform levels. The testing is conducted under the central government's National Water Monitoring Program (NWMP).

> **"Over time, the amount of untreated sewage and industrial effluents being discharged has increased, leading to higher values**
> – Dr. TV Ramachandra, Centre for Ecological Sciences, IISc

Environmentalists also highlight the lack of any action taken by KSPCB to penalise industries and local bodies for polluting the river.

"Water contamination is a serious issue, and under no condition should pollutants or untreated sewage enter water bodies. Industries or civic agencies are not supposed to discharge untreated sewage or effluent, and if they do so, they should be held liable under the polluter pays principle. Some recent studies are now highlighting the high number of cancer and kidney failure cases emerging in Bengaluru," said a city-based environmentalist.

Inaccuracies mar BMTC bus timing display

Frequent commuters of the Bangalore Metropolitan Transport Corporation (BMTC) have noted that on a few recently installed display boards across bus shelters, the data displayed regarding buses and their estimated time of arrival (ETA) is not accurate. They have also called for other improvements to enhance the facility's usability.

Nihar Thakkar, a cyclist and public transport enthusiast, remarked that while the implementation of the display boards has been much better compared to other cities, there are a few tweaks that need to be made by the BMTC. The

display boards currently show the route number, bus registration number, estimated time of arrival, and destination. Thakkar suggested that removing the bus registration number would make reading the board much more convenient.

"Another issue – the data is just plain wrong. The display at the stop shows the next bus is 15 minutes away. BMTC's own app shows me five buses within that time, and the arrivals are not sorted correctly by ETA," he wrote on X (formerly Twitter).

Other commuters mentioned they have noticed similar inaccuracies in other bus shelters too. Arun Soundararajan, another BMTC user, said that he has witnessed a similar problem at the PES College bus stop. "At times, the board is blank or just says 'Welcome to BMTC' for long durations before the necessary information is put on display," a commuter said.

In August, the BMTC installed the boards in more than 200 locations that have access to electricity and receive high footfall. Under the Nirbhaya funds, the BMTC had taken up the Automatic Vehicle Tracking System (AVTS) project. The display boards are an initiative under the AVTS project. After several complaints of inaccuracies and poor integration of the Namma BMTC application with the tracking systems put in place, BMTC has decided to conduct a functional audit of the Namma BMTC application and has called for proposals from agencies. The selected agency will have to verify the functional requirements of all the onboard devices such as CCTV cameras and panic buttons, as well as the passenger information boards (display boards) among others and their integration functionality.

— BMB

ವೈಕುಂಠ ಸಮಾರಾಧನೆ
ಶ್ರೀ ಹೆಚ್.ಜಿ. ತ್ಯಾಗರಾಜ್ ರವರು
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Signal removal

Vasant Nagar

Signals have been removed at a 4-road intersection, causing daily traffic jams opposite the High Ground Traffic Police Station. The BBMP is clearing islands for smoother traffic on Race Course Road. However, the spaces created maybe be used haphazardly.

Box transformation

Kempegowda Road

In front of the Shanti Sagar Hotel on Kempegowda Road, an electrical box that was once neglected has now been converted into a dustbin, highlighting concerns about city's public maintenance.

Lingering sewage

Indiranagar

Despite BWSSB patching, sewage issues persist on 7th Main HAL 2nd Stage, Indiranagar. A permanent solution is needed.

Expect metro in film frame

BMRCL plans to permit filmmakers to shoot inside metro premises

Melvin Mathew
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TWEETS @BangaloreMirror

In another new model for non-fare revenue, Bengaluru Metro Rail Corporation Limited (BMRCL) is planning to allow shooting inside metro coaches. However, there will be several restrictions imposed on the filmmakers.

Now, filmmakers will be able to feature metro premises and rolling stock in their films and TV serials, as BMRCL has now allowed shooting. The shooting will be permitted after a detailed review of the script, and BMRCL will charge for using their premises. While BMRCL has no estimates about how much revenue can be earned through this revenue model, this will add to the other non-fare revenue models.

Interested parties can make an application with their shooting plan and allow sufficient time for preparation and review. Thirty days for Indian nationals and 60 days for foreign nationals have been allocated for review in advance, along with a detailed script.

The application should also contain the locations to be covered, the likely date(s) of coverage, the period of shooting, and the purpose for undertaking film shooting. The shooting should not affect the normal functioning of metro trains or the safety of passengers and lead to negative publicity for BMRCL. To shoot on tracks, BMRCL will have to grant a power block.

Applicants will have to submit a security deposit of Rs 6,00,000 in the form of a demand draft, banker cheque, or e-bank guarantee. Any possible damage to BMRCL property shall be given by the applicant, which is refunded after certification by BMRCL (O&M Wing). A non-refundable licence fee of Rs 50,000 per hour or Rs 6 lakh per day could be charged. BMRCL will also charge a payment of ₹20,000 per hour as hire charges for the use of rolling stocks, in addition to a licence fee for use only after the revenue operation hours of BMRCL. Rolling stock hire charges for use of regular service are Rs 40,000 per hour. The rolling stock is available only between 6 and 8 am, 12 and 2 pm, and 9 and 11 pm only. The BMRCL also has the right to restrict the area of shooting in the train to not more than one coach in the interest of the travelling public. There shall be no schedule change in the running of passenger services during the hours of operation notified by BMRCL.

The film team will have to display the final form of the film to BMRCL and obtain a 'no objection' before release. The film crew will have to pay Rs 10 per head for entry and exit. Tamed or pet animals also won't be allowed to be part of the shoot within BMRCL premises.

To promote Kannada films, they will be charged 25 per cent less than other films.

Excitement builds for VK Street Sambhrama

The countdown has begun for the VK Street Sambhrama as the Sahakar Nagar residents are geared up to reclaim the 60-Feet Road. Manoj Kumar, a resident of the area, said, "Recently, I shifted to Sahakar Nagar. Undoubtedly, this place is one of the buzzing areas of the city, and it is quite difficult to walk as well. Now, thanks to VK Street Sambhrama, I can go back to the road and even play. I am quite excited for this programme." Other residents added that this programme is an important one as roads are not just for vehicles but even for them.

Suma Gowda, another resident, said, "My family members are looking forward to taking over the street on Sunday. We have also called up our relatives to drop in for the programme, as we have a family reunion of sorts with fun games." This Sunday, you can engage in a diverse range of activities, such as participating in lemon and spoon races, marbles, skipping, pottery, and the art of caricature drawing. However, that's not the extent of it; the event guarantees an even more exciting lineup, featuring beatboxing, DJ performances (featuring DJ Sizzle and Harry D Cruz), captivating dance routines, soulful singing, delectable food stalls, exhilarating kite flying, soothing Yogasana sessions, painting competitions, imaginative fancy dress contests, creative rangoli displays, and much more. In addition to the fun-filled activities, there will also be a fire safety demonstration, informative sessions on traffic regulations, and a health camp.

VK Street Sambhrama in Sahakar Nagar is more than just an event; it's a fantastic opportunity to come together, celebrate, and relish a day brimming with entertainment, a sense of community, and the sheer joy of being part of something extraordinary. Participants can join various games and stand a chance to win exciting prizes. For those eager to participate in specific programmes like painting, fancy dress (for children), or rangoli, enrollment is available free of charge. If you're interested, simply sign up by contacting 7676668588.

— Prakash VL

VK Street Sambhrama
Venue: 60 Feet Road, Sahakar Nagar; **Date and time**- November 26, between 8 am and 12 pm

ADVERTORIAL

Dr. M.R. Hulinaykar - A leader with Social Concern

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

This is what former US President John Quince Adams has said about true leadership. The works of Dr. M.R. Hulinayakar echoes these words and has inspired others. He has carved out an exemplary presence in the fields of politics, social service, health, education. He comes from a backward farming community i.e., the Halumatha community. M. R. Hulinayakar is recognised in the entire state for his achievements. He has completed 77 years of age.

Hulinayakar's Life Journey

Dr. M. R. Hulinayakar was born on January 16, 1947 at Thuppadakurahatti in Navalgund taluk of undivided Dharwad district as the first of five children of Rangappa Hulinayakar and Yellamma.

He received **'Jnana Deeksha'** from Dr. Halavar and had his early education in Thuppadakurahatti, high school at Hole Alur, pre-university education in Gadag. He did his MBBS from the KMC college in Hubballi.

He is married to Shantadurga Devi and the couple has three daughters and a son. Started practice privately in Navalgund and later he was appointed as an Assistant Surgeon at Madikeri District Hospital. There he mastered surgery.

In 1981, he was transferred to the District General Hospital in Tumkur. Within a few days, Dr. M. R. Hulinayakar became famous.

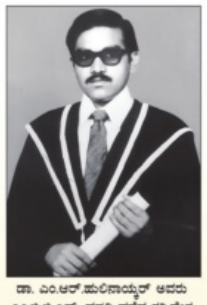
Footprints in the Medical field at Tumkur

Dr. Hulinayakar's achievements are remarkable. He has served the people as an affable doctor for over four decades. He has given light to the lives of many patients. Thousands of operations have been performed and many lives have been saved by him.

He entered the education sector in the state in 1992 by starting the 'Sridevi School of Nursing, Medical, Paramedical, Physiotherapy, PG & UG, Pharmacy, ITI & Engg. Hulinayakar has done amazing things there also.

Dr. M. R. Hulinayakar was elected to the Karnataka Legislative Council from Tumkur local bodies constituency during 2010 to 2016.

❖



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On the occasion of his 75th birthday, Dr. Hulinayakar has reminisced the important events of his life in a book, Antarangada Avalokana

- compiled by K. R. Kamlesh

'Property market is in flourishing state'

Demand for residential housing in Bengaluru is on rise; realtors say IT hub has seen surge of up to 31 per cent in residential rent so far this year

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Many want to buy a property that has a perfect backdrop. In fact, we have seen in movies and documentaries how some people have built their properties against the backdrop of a hillock or a mountain. These properties have an added attraction. However, many are heading to Kanakapura Road to buy property, as many areas near it also have a chain of hillocks near Bannerghatta, providing it with a perfect backdrop. Coupled with this, a lot of greenery, affordable plots, and good infrastructure have made Kanakapura Road a favourite spot for buying property.

Realtors say that it is always the best bet to invest in properties. On the factors driving residential housing demand in Bengaluru, Dhaval Ajmera, Director, Ajmera Realty and Infra India Ltd, said, "Bengaluru majorly attracts professionals from across the country. As a result, the rental value of Bengaluru residential real estate is one of the highest. After witnessing moderate tremors during the pandemic, the demand for residential properties has returned with the reopening of jobs in the IT sector. India's IT hub has seen a surge of up to 31% in residential rent so far this year, according to a recent report by Anarock. This only signifies the potential it holds in wealth creation and, thus, is also a famous investment hub for NRIs and investors' classes too."

The micro-market witnessing major traction are Hebbal, Electronic City, Yelahanka

The micro-markets witnessing major traction in Bengaluru are Hebbal, Electronic City, Yelahanka, Marathahalli, Hosur Road, and Sarjapur Road.

According to a recent report by Knight Frank India, Bengaluru has been identified as the second-best market in APAC cities to watch out for in 2023 in terms of residential real estate.

As per a finding from Proptiger.com, housing prices in Bengaluru increased by 7% YoY during the first quarter of 2023, higher than the 6% increase in Mumbai and the 5% in Hyderabad and Chennai. Furthermore, according to Knight Frank's Asia-Pacific Outlook 2023, residential prices in Bengaluru are expected to rise by 5% annually. The difference between the guidance value and actual property prices is about 40–50 per cent across prime locations or central business districts. Whereas, on the outskirts, it's about 30 percent, he explained.

He further added, "With the residential market doing phenomenally well, the demand sentiment is expected to remain strong and witness sustained growth as we move towards 2024. Bengaluru has been one of the most sought-after home-buying destinations among local residents looking to upgrade to a better living, along with professionals migrating from other cities, followed by a strong demand from investors owing to the lucrative yields. A report from NoBroker says that over 29% of NRIs are looking to invest in Bengaluru."

-Prakash VL

Construction push for PRR

Deputy CM DK Shivakumar urges BDA to resolve construction obstacles on Peripheral Ring Road; realtors stress on its role in mitigating congestion

Realtors say that PRR will especially help reduce congestion on Outer Ring Road

The much-delayed Peripheral Ring Road (PRR) has a new lease of life. Deputy Chief Minister DK Shivakumar has directed the Bangalore Development Authority (BDA) to initiate new tenders in December. During a recent meeting at the BDA, DKS urged officials to proactively address construction bottlenecks, signalling a renewed commitment to advancing this crucial infrastructure development.

The Cabinet had previously granted approval for global tenders encompassing design, construction, funding, maintenance, and transfer aspects. Despite initial interest from six companies in the pre-bid phase, the subsequent bidding process yielded no participants, prompting considerations for a third tender call. Speculations are rife that the BDA might assume a more direct role in construction if no external interest is generated.

Highlighting the paramount importance of the PRR for Bengaluru's decongestion efforts, an official stressed the need for substantial investment. Exploring potential public-private partnership options, the authorities aim to ensure the seamless execution of this pivotal project. However, concerns linger regarding the prospect of yet another round of insufficient bids, prompting speculation about the BDA taking on a more proactive role in the construction process.

The PRR, despite its challenges, promises substantial benefits in alleviating traffic congestion by establishing a vital link between two major roads

The state cabinet had earlier greenlit the 74-kilometre PRR project, opting for the build-operate-transfer model. Originating from a proposal on November 27, 2006, funding discussions initially considered loans from the Japan International Cooperation Agency (JICA), only to be eventually discarded in favour of involving a private concessionaire. The estimated cost of the project stands at Rs 23,500 crore, with Rs 2,599 crore specifically earmarked for land acquisition.

The PRR, despite its challenges, promises substantial benefits in alleviating traffic congestion by establishing a vital link between Tumakuru Road and Hosur Road. Spanning 74 kilometre with eight lanes, the road strategically connects key areas including Hesaraghatta, Doddaballapur, Chikkaballapur, Hennur, Old Madras Road, and Hoskote.

The rekindled interest exhibited by the Bangalore Development Authority in the PRR has reverberated through the property market. Realtors operating in close proximity to the PRR are meticulously tracking the progress of both the PRR and the concurrent six-lane road developments. These infrastructure projects have catalysed the transformation of the city's outskirts into a burgeoning hub for real estate activities.

Raje Gowda, a prominent realtor, underscored the significance of the PRR in mitigating congestion in Bengaluru, particularly along the Outer Ring Road. He highlighted the strategic importance of the road link in diverting traffic from the heavily congested Nelamangala Road, a vital segment of the Mumbai-Bengaluru corridor. As the city continues to expand, the PRR emerges as a critical alternative route, effectively redirecting traffic away from the increasingly burdened Nelamangala-Goraguntepalya stretch.

Another realtor, Vasudev Gowda, expressed confidence in the state government's steadfast commitment to advancing the PRR project, foreseeing not only relief from congestion but also a substantial boost to land development activities in and around PRR areas, unlocking their potential for sustained growth.

–Prakash VL

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When you buy a government bond, you are essentially lending money to the government in exchange for regular interest payments (coupon payments) over a specified period. At the end of the bond's term, the government returns the principal amount. Government bonds are generally considered to be relatively low-risk investments, especially if they are issued by stable and creditworthy governments.

How can citizens invest in government bonds?

Industry expert Aarti Harbhajanka explains:

GILT mutual funds: These funds are invested in bonds issued by the state and central governments. Since investors are offering money to the government as a loan, they earn interest, followed by capital appreciation upon maturity.

Participate in bidding: Investors can buy government bonds from stockbrokers as well as by partaking in non-competitive bidding (NCB). Retail investors can place bids online. The yield will be determined based on the bids received from the investors. To participate in auctions/non-competitive bidding, you need to open a current account/subsidiary general ledger account.

Stock exchanges: This is an alternative way to invest or buy government bonds; however, you need to have a trading and demat account. Once the account is created, the investor can initiate trading and invest in multiple government securities.

Generally, government bonds help you earn six-seven per cent interest annually. While various government bonds have various eligibility criteria, none of the bonds allow you to make an investment of less than Rs 1,000.

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Far right fiesta

When the going gets tough, does the tough get it right? Perhaps far too right.

The slant towards the far right is now commonplace in almost all aspects of societal discourse - hardly inconspicuous as some aspire to be and be hosts to the idea - in the west and global south. Sadly, the collective in the grim-hold of the rich and powerful is not interested in society building.

To the discerning observer, it would appear, the elite have concluded it is an 'us vs them (vulnerable)' scenario - and 'them (vulnerable)', a threat.

What if they (them vulnerable) stake claim to the remaining resources as planetary systems go south in the ensuing climate emergency? Shouldn't 'we' fortify 'our' riches, ring-fence the loot and station far right guards?

The demographic strength of 'them' is massive - almost eight billion or so. 'Them vulnerable' already has sloganeers standing by - some of them teenagers - at climate summits and global forums. So why not engage festering far right hatemongers to rein 'them' in, eh?

The primary instance of the aforesaid turn of society's rich and powerful is in far right political factions consolidating power — with recent gains in Argentina and probable formation of a government in the Netherlands. This points to democracy floundering unable to protect its weakest constituents but allowing itself to be gamified instead.

Surely when one runs out of excuses, to remain in composure before the electorate that put one in power — such as the present Netanyahu conundrum — the easiest of options is to blame it on the weak and defenceless devoid of any champions but the likes of Greta Thunberg, or some film personalities who are losing gigs that they had somehow managed to bag just for being outspoken.

The political right is so merciless, that, according to reports, conflict zones of the world become weapon testing laboratories. An Al Jazeera story quoted doctors in Gaza treating the wounded of the Israeli-Palestine conflict saying the bullets used by Israeli guns leave bone and flesh unrecognisable from each other. The same story claimed Israeli soldiers shooting not to kill but to inflict wounds/pain. 'Such is the degree of terror unleashed in retaliation'.

Even the films of the day are telling of the zeitgeist - in 'The Killer', which stars Michael Fassbender, a ruthless assassin who treats his job as nothing short of meditation, somehow misses his latest target.

The most intriguing part of the film I thought was the monologue of Fassbender's character - a recurring motif.

"Stick to your plan… anticipate, don't improvise… trust no one… never yield an advantage… fight only the battle you are paid to fight… forbid empathy… empathy is weakness… weakness is vulnerability… each and every step of the way, ask yourself... What's in it for you? This is what it takes… what you must commit yourself to…if you want to succeed…" — or so goes the monologue that plays in the mind of the character, perhaps to stay focussed. Yet he misses.

An eerie similarity there with the 'individual vs collective', or 'us vs them vulnerable' threat, which the big tech complex alongside fixers of the rich and powerful are pushing in each piece of information peddled as empathy takes a backseat.

The assassin's monologue further refers 'to the few and the many'. At some point he says - 'always try to be amongst the few and not the many'. This perhaps can be read today as a reference to the struggle of the many over the few to survive in a hugely polarised world consolidated by political power largely by othering of peoples.

Fassbender's assassin has The Smith's Morrissey singing into his earphones while on assignment, 'a useful distraction', he says.

The world too is caught in trope after trope of real-time distractions: numerous pieces of commentary are written on how dangerous a Trump presidency is for democracy when, curiously enough, all ill of the present regimes across the world go unseen. In the United Kingdom, ex-PM David Cameron is brought back to clean up after Suella Braverman who perhaps thought she could gamify her way to No. 10 mouthing absurd right wing rhetoric that baffled even her conservative colleagues.

The replacement of Braverman with Cameron as the UK's foreign secretary may be a way for the conservatives to look legit in a world order that has gone awry with no compassion for those who are left on the wayside - refugees in transit, for instance.

Surely we need motivation from political classes when the nation, despite having played their best, loses to a strategically playing Australian side in a game of cricket. That said, we also need reassurances when the poorest of poor, marginalised and minorities are targeted for no reason or trapped in tunnels waging their daily battles for livelihood for days on end.

Non-stop noise builds up in residential area

Volumes of nearly 100dB from construction site is forcing local residents of Borewell Road in Whitefield to move out

Garima Prasher
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TWEETS @BangaloreMIRROR

Residents of Borewell Road in Whitefield say they are being subjected to noise levels as high as nearly 100dB coming from a nearby construction site. Keerthana (name changed) is one of the residents who is severely affected by the issue. So much so that she along with her husband has shifted to their daughter's house in another part of the city.

"While the construction activity is happening only between 6 am and 10 pm, the noise emanating from the site is unbearable. Most of it is from digging multiple borewells over weekends. My husband is suffering from a neurological disorder and since the time borewell digging has begun, we have rushed to hospitals on multiple occasions. We have measured decibel levels and it goes above 90dB most of the time," said Keerthana.

As per Central Pollution Control Board specifications, the permissible sound level (dB) in a silent zone during the day is 50 dB and during the night time is 40 dB. In the case of residential areas, the permissible limits are 55 dB during the day and 45 dB at night. The permissible noise level for industrial areas is 74 dB during the day and 70 dB at night.

Locals also allege that despite intimating police officials in the area multiple times, there has been no respite from the deafening noise levels.

"We have reached out to the local police station and have also raised the issue through 112. However, noise pollution is still very high. When we visited the police station, we were told that since the equipment to measure decibel levels was unavailable, they would issue an oral warning to the contractor. However, the warning has been ignored," said another resident of the area.

Borewell digging activity raises decibel levels to unbearable limits

> **We have reached out to the police station and also raised the issue through 112. But noise pollution is still high** –Resident of the area

Quality of life dips

According to city-based anti-noise campaigners, higher noise levels can severely impact the quality of life of locals. While the police are empowered to take action against noise violations, this process in the city is not streamlined leading to such violations.

"Under directions of the High Court to curb noise pollution, the DG & IGP of Karnataka Police had committed to the court that noise meters would be provided to every police station, and the police personnel would be trained to use them, to detect and penalise any violations of noise pollution norms. However, this has not happened as reported by the resident in this case. Isn't it a contempt of court? Moreover, noise meters are no longer necessary, as basic noise meter apps on mobile phones fulfill the same function. Every policeman could be trained to use the Noise Meter apps available free of cost, measure noise emission, and take action as per the rules. It is high time officials simplify and streamline this process," said Sandeep Anirudhan, a civic activist.

Silt hits Kothanur Lake

Iffath Fathima
@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of Kothanur have been concerned about the condition of their neighbourhood lake. Just last week, thick black sewage had collected in the wetland and despite that being cleared up, silt continued to enter the lake. Untreated water is also entering the lake and the wetland has turned green.

According to residents, when the Bangalore development authority (BDA) was custodian of the lake years ago, it had created a C-shaped barrier through which water would enter the wetland. Over the years, silt has collected near the barrier, so when water enters the lake, it takes the silt along.

Residents had alerted the BWSSB officials after water turned black last week. For a week after, BWSSB managed to suck out around 28,000 litres of water and make it dry.

Residents then reached out to the BBMP to remove the trapped silt as otherwise it would continue to pollute the water. "We met the BBMP Lakes team but they said they don't have the budget for the restoration of the lake. After many requests, they sent a team to clear the silt. But, they did not do the job well and only removed patches of silt and put it into the bund. And when it rained on Thursday, the rain water mixed with silt entered the lake," said Raghavendra B Pacchapur, lake activist.

A resident said that in the last 24 months, six fish kills have happened. "We have reached out to officials a number of times and yet no action has been taken. The residents do not have enough resources to do something ourselves hence we are fully dependent on officials. We want the departments to coordinate and come out with a permanent action plan," they said.

Pacchapur said KSPCB reports for the last few months reveal there is high levels of fecal and total coliform bacteria content which suggest that flow of sewage. "BWSSB and BBMP should be issued notices for this. It seems that the burden of conserving lake water quality is left to local community members."

BM tried to contact BBMP officials, but they were unresponsive.

Shot in the arm for Indira canteens

Nod from state govt raises hope for revival of canteens; 50 new ones also will open in city

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

The Bruhat Bengaluru Mahanagara Palike (BBMP) has decided to give a fresh lease of life for the cash-strapped Indira canteens. The civic agency has also proposed to start 50 more canteens in the city.

Currently, there are 169 fixed Indira canteens in the city and 16 mobile canteens. Of the 169, 159 are functioning and as per the documents around 50,000 to 60,000 people still depend on these canteens for their food. There are allegations that a few contractors are not giving proper records as to how many have had food at Indira canteen. Hence, BBMP has proposed that it prefers to use AI-powered CCTvs. There are plans to introduce OTP from customers to avail of the facility.

BBMP Chief Commissioner Tushar Giri Nath said, "We have received administrative approval from the State Government. Administrative approval was necessary, considering that the State Government contributes a portion of the funds for operating Indira canteen. We are now in the process of initiating a tender to select new caterers, which will also involve changes to the menu. As for the current suppliers, we will validate their claims and settle with them as per the established rules."

According to him, there is a disagreement with Chef Talk. "They are requesting an additional Rs 52 crore, a demand to which we do not agree. However, during the extension, they had previously agreed to our terms and conditions and continued providing food. When they attempted to halt services midway, we threatened them with blacklisting, prompting their immediate resumption. The new menu will be finalised during the upcoming tender, and even caterers not blacklisted will have the opportunity to participate in the process."

> **We are now in the process of initiating a tender to select new caterers, which will also involve changes to the menu**
>
> – Tushar Giri Nath, BBMP chief

Adding to this, BBMP's special commissioner Dr KV Thrilok Chandra said that tenders will be called soon for supplying food. "Then we will look at the menu. However, there will be no increase in food prices."

After taking over as CM for the second time, Siddaramaiah had instructed BBMP officials to establish Indira canteens in each ward of Bengaluru. Discussions are also in place for the funding mechanism. Previously, the Bruhat Bengaluru Mahanagara Palike (BBMP) covered 70% of the cost, with the remaining 30% was funded by the State government. However, it has now been decided that BBMP will cover 50% of the cost, while the government will provide the remaining 50%. For Indira canteens in other districts, the government will contribute 70% of the cost, with local city bodies filling in the rest.

In recent years, many Indira canteens have been shut, and even the remaining ones are experiencing a decline in customers. Customers have also complained that the food served at these canteens is not up to standard.

Currently, lunch is priced at Rs 10 and is popular among customers, but there is little demand for dinner. Officials said that there is a noticeable trend indicating a preference for breakfast and lunch among the working class. "Therefore, it is crucial to provide them with substantial and satisfying meals during these times. The BBMP's priority is to ensure that the food served is both delicious and appetising, with breakfast portions equivalent to those of lunch. To address this issue, we have assigned marshals to oversee the food supply process and prevent any discrepancies. However, the caterers claim that there are pending dues that need to be resolved. Over the past three years, the BBMP has not received any financial assistance from the State government to sustain the operations of Indira canteens. As a result, the BBMP has approached the government to secure additional funds," said a BBMP official. Meanwhile, BBMP has proposed to start Indira canteens at Kempegowda International Airport terminals as well.

IN BRIEF

Sexual harassment of junior: Bar council suspends advocate

The Karnataka State Bar Council has suspended the enrolment of a 46-year-old advocate from Bengaluru for alleged sexual harassment of a junior in his office and referred the matter to a Disciplinary Committee.

The complaint was filed by a 26-year-old female junior advocate who had joined the office of the accused in April 2022. Following a series of alleged forceful behavior, she quit his office in September 2022.

She was thereafter allegedly blackmailed by the senior advocate, who also filed criminal cases against her.

The Bar Council in its proceedings noted: "Perused the documents and the allegations made in the complaint and also exchanged through WhatsApp messages between the parties. The WhatsApp messages show (an) unprofessional approach by the Respondent Advocate towards the complainant. This is a clear case of sexual harassment and criminal intimidation and professional misbehavior on the part of the respondent Advocate towards a woman junior Advocate."

The proceedings also said the accused advocate sought time on October 5, 2023 to file his explanation to the complaint filed against him. But "even after a lapse of 30 days' of time, the Respondent has failed to file any explanation or any objections, before the Bar Council Authority," the proceedings have recorded. "It is resolved to suspend the respondent pending enquiry and it is further resolved to refer the same to Disciplinary Committee No.1 for enquiry," according to the proceedings of the recent Bar Council meeting.

— PTI

HC asks BBMP, govt to set up system to verify deaths, through digitisation

The High Court of Karnataka has directed the Chief Commissioner of Bruhat Bengaluru Mahanagara Palike (BBMP), and Secretary of e-Governance "to come up with a system of verifying the identification of the person who is dead on the basis of e-KYC like usage of Aadhaar."

This was necessary, the HC said, "so that no error occurs in the details which are entered firstly by the hospital and secondly while issuing the death certificate."

The direction by the bench of Justice Suraj Govindaraj came on a petition filed by Sai Lakshmi seeking rectification of the errors in the death certificate of her husband.

> **This is needed to ensure no error occurs in details filled while issue of death certificate**

Her husband, Lakshmikantha S P, a primary school assistant master in Bagepalli in Chikkaballapura district, died on November 22, 2022 at Jayadeva Institute of Cardiology.

The death was registered on November 30, 2022 by the hospital in terms of a medical certificate issued in Form No.4.

Subsequently, the BBMP issued a death certificate on December 9, 2022.

The death certificate, however, had several discrepancies, including the name of the mother of Lakshmikantha mentioned as "Vijaya Lakshmi Kantha' instead of "Vijaya Lakshmi". The father's name was mentioned as "late P Reddanna" instead of "late Peddanna" while the name of the wife of the deceased was mentioned as "Peddanna" instead of "Sai Lakshmi".

The woman filed an application for correction of the details which was rejected on ground that these details were entered by the hospital and therefore no correction can be made by the BBMP unless an order is obtained from the jurisdictional Court.

The woman then approached the HC with a petition.

PTI

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'Remove transformer from footpath, please'

CONTINUED FROM PAGE 1

relocate a transformer installed in the middle of the footpath.

They said they did not have any issues with the pole-mounted transformer that existed before the development of Gandhi Bazaar was taken up.

"Installation of the transformer on the footpath is against the High Court's directive to the Bescom. The honourable court directed the Bescom authorities to remove transformers from the footpaths. The Bescom authorities submitted in the court that they have taken measures to relocate transformers existing on footpaths. The installation of a transformer on the footpath of Gandhi Bazaar is against norms," said GR Mohan, an advocate.

Stating that the residents of Basavanagudi have been demanding the authorities to relocate the transformer, Basavanagudi Heritage Residents' Welfare Association secretary RK Guruprasad said that all these years there were no problems for pedestrians and shop owners as the transformer was not on the footpath.

"We have already complained to the BBMP which assured us to inform the Bescom but nothing's been done till date. We demand Bescom relocate the transformer for the benefit of pedestrians who are vulnerable to electric accidents due to the presence of the transformer on the footpath," said Guruprasad.

Demanding the Bescom authorities to relocate the transformer, Gandhi Bazaar Traders' Association president M Venkatesh said the transformer is not only an obstruction to the unwary pedestrians and senior citizens but also poses danger to the nearby shops and street vendors in case of any electric mishap.

"The Bescom did not take safety measures while installing the transformer on the footpath. Electric wires are open and can be dangerous to the pedestrians," said Venkatesh, adding that the Gandhi Bazaar Traders' Association wrote a letter to the BBMP authorities appealing them to use their good offices to ensure the Bescom authorities fix this issue.

A shop owner along the stretch, on the condition of anonymity, said the BBMP authorities have lost focus in developing Gandhi Bazaar.

"The installation of the transformer indicates lack of coordination between the BBMP and Bescom. If both have proper coordination and understanding, many developmental works in the city will be completed without wasting time and money," said the shop owner.

Meanwhile, BBMP chief engineer (projects) Lokesh said the BBMP engineers have already been in touch with the Bescom engineers. "We have already informed the Bescom engineers about the transformer on the footpath. It will be relocated shortly," said the BBMP chief engineer.

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GET NOTICED

Furore over move to drop CBI probe against DKS

The State cabinet's decision to seek withdrawal of the CBI probe against Deputy Chief Minister DK Shivakumar has triggered a sharp divide between the ruling and opposition parties. While the government defended the action, both the BJP and JDS opposed the move.

Former CM HD Kumaraswamy launched a scathing attack on the Siddaramaiah government, alleging, "Chief Minister Siddaramaiah has worked as an advocate and a lecturer. The cabinet decision is incorrect. There are instances of the Supreme Court in this regard and the High Court had referred to the matter twice. When the matter is seized by the court, the decision of the government is wrong. It is exhibited that they are above the law. They have also proved that the government is for those who loot."

Joining him, BJP state President BY Vijayendra said that his party will strongly oppose the decision. "Shivakumar had lost a golden opportunity to prove himself that he is an apostle of truth. We will discuss and decide on the nature of protest. The decision taken during the tenure of the BJP government to hand over the case against him to the CBI was not politically motivated. It was handed over to the CBI based on preliminary information," he stated.

Defending the Cabinet's move, Home Minister G Parameshwara stated, "The government has not gone into the merits of the disproportionate assets case against him but has only corrected the procedural lapse on the part of the previous BJP regime." He emphasised that the Congress government's decision is not politically motivated to "protect" Shivakumar, and he challenged the interpretation by BJP and JD(S), stating, "BS Yediyurappa during his CM tenure had given oral instructions to the Chief Secretary to give sanction to the CBI to investigate the case. Wasn't it politically motivated then? What we have done is within the framework of the law."

Chief Minister Siddaramaiah clarified the government's stance, saying, "What we have said is that the sanction given is illegal. For an inquiry on any government servant, the government will have to give sanction. If it is a minister, the Governor should give sanction, and if it is an MLA, the Speaker has to give it. Here the Speaker's permission was not taken. Shivakumar was an MLA when sanction was given."

The cabinet deemed the previous BJP government's move to give consent to the CBI to investigate the DA case against Shivakumar as not being in accordance with the law and decided to withdraw the sanction. The CBI has claimed that Shivakumar amassed wealth to the tune of Rs 74.93 crore, disproportionate to known sources of his income from April 1, 2013, to April 30, 2018, when he was the Energy Minister in the then Siddaramaiah-led Congress government of 2013-2018.

The High Court of Karnataka on Wednesday adjourned to November 29 the hearing of the appeal filed by Shivakumar against the sanction accorded by the previous government to the CBI to prosecute him in the DA case. The CBI informed the court on November 15 that the Supreme Court has directed the HC to hear the application filed by the investigating agency seeking vacation of the stay granted on the appeal, preferably within two weeks.

A single-judge bench had earlier dismissed Shivakumar's petition challenging the sanction of September 25, 2019, granted by the government to prosecute him. Shivakumar then challenged it before the division bench, which had stayed the single judge order.

The CBI had filed an application for vacation of this stay. Based on the Income Tax Department's search operations in Shivakumar's home and offices in 2017, the Enforcement Directorate started its own probe against him. Based on the ED investigation, the CBI sought sanction from the state government to register a case against him. **BMB**

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CHANGE OF NAME

I, GANESHAN S alias Ganeshan Srinivasa Reddiar S/o Subramanyam Vijayraghan, resident at # 8/1,10th Main, 6th Cross, 4th Phase, 7th Block, Gururaja Layout, BSK 3rd Stage, Bengaluru-560085 Karnataka, have changed my name as GANESHAN SUBRAMANYAM, vide affidavit dated 23.11.2023 sworn before notary K V Mani, Bengaluru.

I, PADMA G alias PADMA RAGAVEN, D/o Ganeshan S resident at # 8, 10th Main, 6th Cross, 4th Phase, 7th Block BSK 3rd Stage, Gururaja Layout, Padmanabhanagar Bengaluru-560085, Karnataka have changed my name as PADMA GANESHAN vide affidavit dated 23.11.2023 sworn before notary K V Mani, Bengaluru.

I, SAMPANKI, W/o Ganeshan S, resident at Old No.14. New No. 8/1, 10th Main, 6th Cross 4th Phase,7th Block, Gururaja Layout, BSK 3rd Stage Bengaluru-560085, Karnataka, have changed my name as G SAMPANGAMMA, vide affidavit dated 23.11.2023 sworn before notary K V Mani, Bengaluru.

I, KUSHI LAKHANPAL S/o Ashwani Kumar Lakhanpal, R/at Flat No. N-54, 4th Floor, Palace Garden Apartment Palace Cross Road, Bengaluru-560020, have changed my name to KHUSHI LAKHANPAL vide affidavit dated: 17/11/2023 Before Notary K.V.Mani Bangalore.

I, Nitin Prakash Raju s/o Prakash Raju Narasaraju R/o No 128, 6th main 12th cross JP Nagar 3rd Phase B'luru-560078, Have Changed my name to Nithin Prakash Raju for all purposes.

I, AAMINA NAZ, R/a,15,B Street, Broadway Rd, HKP Rd Cross, Shivajinagar, Bangalore -560051. I, have changed my name to AMEENA NAAZ, Vide affidavit dated 22/11/2023, Sworn before Notary: Meer Hassan, Bangalore

I, Pratap Venkataramanappa S/o Venkataramanappa R/o No-78, 2nd cross, Chamundeshwari Ballary Whitefield B'lore-560066 have changed my name to Prathap Venkataramanappa.

I, Pramod Kanala Bhaskar R/o No 19, Kaustubha Palm Grove Enclave, Gubbalala have changed my minor daughter's name from Aadhya Pramod Kanala to Aadhya Pramod .

I, Vivek Kumar Poddar, R/a: Bluewaters by SJR, Silver Country Road, Bangalore-560068. In some documents my name is as Vivek Kuamar Poddar and in some as Vivek Kumar. I declare that both the names are of same person. Vide affidavit dated- 23.11.23. Sworn before notary B M Chandrashekar, Bangalore

I, PREETI SHARMA, R/a, Garden Behind SRV School, Near APMC Market, Vijayanagara Horaohalli, Kolar -563101. I, have changed my name to AYAT AYESHA, Vide affidavit dated 23/11/2023, Sworn before Notary: N.Nagappa, Bangalore

I, SUPRIYA ANIL WAGHMARE, Residing at 8 B.D.A. Extension, 1st Block East, Byrasandra, Bangalore-560011. Have changed My name to SOWMYA G K vide affidavit dated 23/11/2023 before Notary Aravind Patil G.G Bangalore

I, Suvarna reddy W/o H M muni reddy R/o Shoba Sunscape block 3, Nagegowdanapalya, Thalaghattapura post, Bangalore 560062 I have changed my name to Suvarna N V for future purposes.

I, Likhitha B D/o Babu B R/o Siddeshwara Krupa, Eshwar Temple Street, Gandhi Bazar,Hassan 573201 have changed my name to LIKITHA B affidavit Dt.24/11/2023 notary Harisha G, Bengaluru, My present camp at Bengaluru

MY Original Gift Deed document number 2828/2014-15 and my original Cancellation of Gift deed document number bearing 2101/2010-11 is missing. Anyone who finds these documents please contact me at swaroop.shanthi@gmail.com

I, SUMAIAH BANU D/o Khadar Shariff, residing at No.226, Nehru Slum, Yarab Nagar, BSK 2nd Stage, Bangalore-560070 have changed my name to SUMAIYA vide affidavit dt: 20.11.2023 before notary V. Rajashekhara, B.lore.

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ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ ಪ್ರೌಢಶಾಲೆಯ
ಅಮೃತ ಮಹೋತ್ಸವ
1948-2023

ಸಾಧನೆ ಮತ್ತು ತೃಪ್ತಿಯ ಭಾವನೆಯೊಂದಿಗೆ ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ ಪ್ರೌಢಶಾಲೆ ತನ್ನ 75ನೇ ವರ್ಷದ ಅಮೃತ ಮಹೋತ್ಸವವನ್ನು 24ನೇ ನವೆಂಬರ್ 2023ರಂದು ಆಚರಿಸಿತು. ಸರ್ವಶಕ್ತನ ಕೃಪೆಯಿಂದ ಪ್ರಾರಂಭವಾದ ಈ ಸಂಸ್ಥೆಗಾಗಿ ಅನೇಕ ಶಿಕ್ಷಕರು, ಹೋಷಕರು, ಎಲ್ಲಾ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು, ಹಾಗೂ ಸಮಾಜದ ಸಹಕಾರ ಮತ್ತು ಪರಿಶ್ರಮದ ಫಲವಾಗಿ ಇಂದು ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ 75 ವಸಂತಗಳನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಪೂರೈಸಿದ್ದು, ಸಂಸ್ಥೆಯ ಏಳಿಗೆಗೆ ಪ್ರತ್ಯಕ್ಷವಾಗಿ ಹಾಗೂ ಪರೋಕ್ಷವಾಗಿ ಶ್ರಮಿಸಿರುವ ಮತ್ತು ಬೆಂಬಲಿಸಿರುವ ಪ್ರತಿಯೊಬ್ಬರಿಗೂ ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ ಪ್ರೌಢಶಾಲೆಯ ಆಡಳಿತ ಮಂಡಳಿ ಆಭಾರಿಯಾಗಿದೆ.

ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ ಪ್ರೌಢಶಾಲೆ 5ನೇ ನವೆಂಬರ್ 1948 ರಂದು ಇಬ್ಬರು ವಿದ್ಯಾರ್ಥಿಗಳೊಂದಿಗೆ ರೂಪಗೊಂಡಿತು. ಅಂದಿನಿಂದ ಈ ಸಂಸ್ಥೆಯು ಗುಣಮಟ್ಟದ ಶಿಕ್ಷಣವನ್ನು ನೀಡುತ್ತಾ, ಯುವ ಪ್ರತಿಭೆಗಳು ಅರಳಲು ಅತ್ಯುತ್ತಮ ಮಾದರಿಯಾಗಿದೆ. ಪ್ರಸ್ತುತ 2584 ವಿದ್ಯಾರ್ಥಿಗಳು ವ್ಯಾಸಂಗ ಮಾಡುತ್ತಿದ್ದು, ಆದರ ಹಾಗೂ ವಿನಮ್ರತೆಗೆ ಹೆಸರಾಗಿ ಶಾಲೆಯು ಬೆಳೆಯುತ್ತಿದೆ. "ಪ್ರಾರ್ಥನೆ ಮತ್ತು ಕೆಲಸ" ಎಂಬ ಧ್ಯೇಯ ವಾಕ್ಯಕ್ಕೆ ಬದ್ಧವಾಗಿರುವ ಕ್ರಿಶ್ಚಿಯನ್ ತತ್ವಗಳು ಮತ್ತು ಮೌಲ್ಯಗಳ ಆಧಾರದ ಮೇಲೆ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸರ್ವತೋಮುಖ ಶಿಕ್ಷಣವನ್ನು ನೀಡುವಲ್ಲಿ ಕ್ಲೂನಿ ಕಾನ್ವೆಂಟ್ ಪ್ರಧಾನ ಸಂಸ್ಥೆಯಾಗಿ ರೂಪಾಂತರಗೊಂಡಿದೆ.

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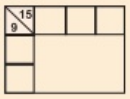
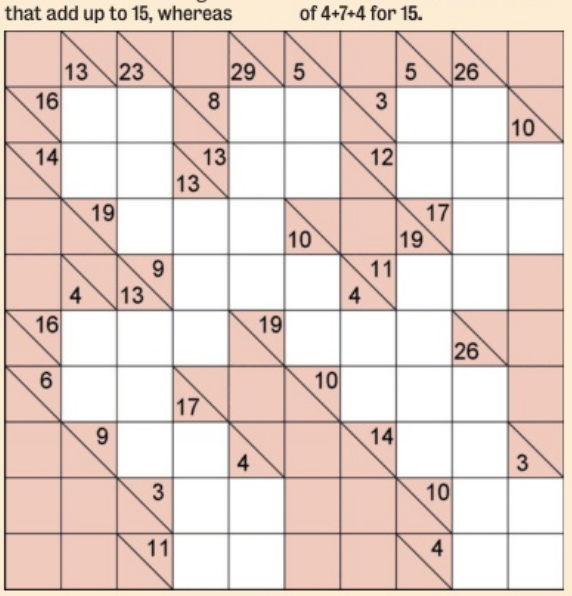
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

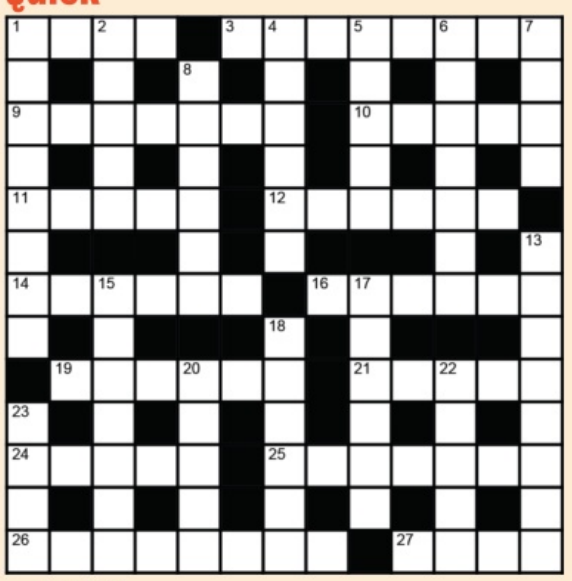


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Change residence (4)
3 Taking into one's family (8)
9 Barking sharply (7)
10 Pawns (5)
11 Hell (5)
12 Ill-advised (6)
14 Small (6)
16 Sound system (6)
19 Saddam Hussain's countrymen (6)
21 Flies like an eagle (5)
24 Mediterranean isle (5)
25 Frozen mass in the sea (3-4)
26 Aubergine (8)
27 Distinctive doctrines (4)

DOWN

1 Government building that offers a view of Ulsoor Lake on one side and the Bangalore Race Course on the other (4,4)
2 Insipid, dull or flat (5)
4 Soldier's trench (6)
5 Exclamation expressing contempt (5)
6 Type of tooth (7)
7 A deep cut (4)
8 Glittering strings? (6)
13 Dampens (8)
15 Covering roads with asphalt (7)
17 Sampled, savoured or relished? (6)
18 Allot or apportion (6)
20 Cower (5)
22 Spindles on which wheels turn (5)
23 Dimension or extent (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: O EQUALS S

DFY OYUWMF CNW ONGYNKY DN SQUGY PO UQTULO OEM-MYOOCEQ.

Linemaro

I want to name all my gadgets after you

Mindchow

Sometimes joy is the source of your smile, and sometimes smile the source of your joy

Joke of the day

Right now I'm having amnesia and deja vu at the same time. I think I've forgotten this before

Loop

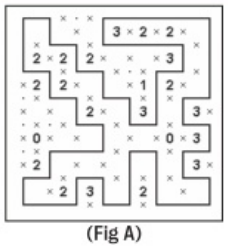
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

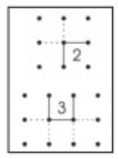
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

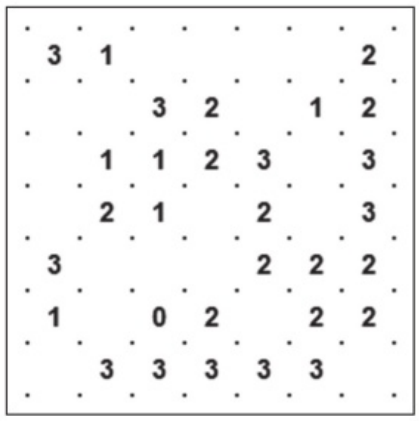
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



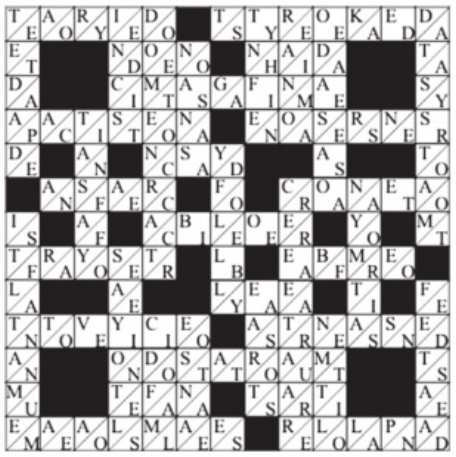
(Fig A)



(Fig B) Not Allowed



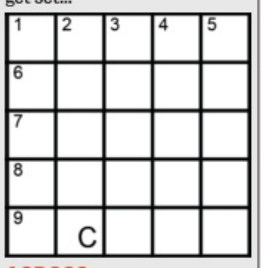
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

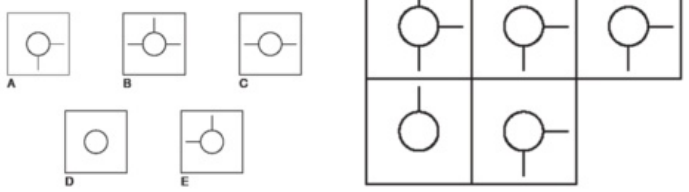
1 C wars; 6 Lo the;
7 Dele I; 8 I glee;
9 Dance

DOWN

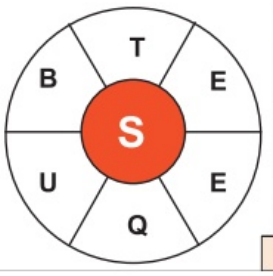
1 Leach; 2 Licer;
3 Aline; 4 Go wed;
5 Ed set

Mensapuzzle

Which is the missing tile?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 07 Outstanding

SudokuChallenge

		3		4		9		
2		8				5		4
	9		2		1		3	
3				9				6
9		7				2		5
1				5				7
	7		3		5		4	
8		4				1		3
		1		2		7		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 2

2 4 7 7

Medium = 20

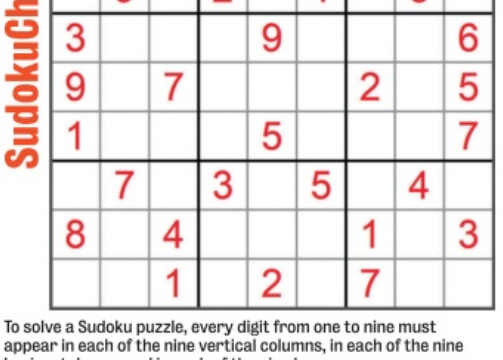
2 3 6 8

Hard = 13

2 5 7 3

Hocusfocus

Find at least six differences in details between panels.



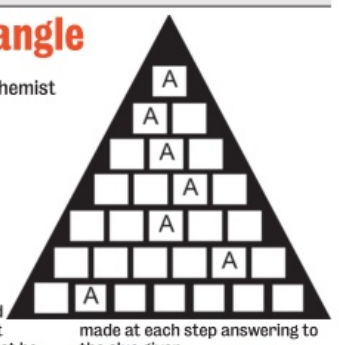
Differences: 1. Foot is moved. 2. Straw is different. 3. Bat is longer. 4. Player in dugout is missing. 5. Stripe on sock is missing. 6. Sleeve is shorter.

Riddler

In my freezer, three-fifths of the ice lollies are strawberry flavour and one-ninth are orange. If there are 30 fewer lemon 'n' lime than strawberry, and eight more orange than blackcurrant, how many lollies are there altogether?

Alpha triangle

1 First letter
2 Astatine for the chemist
3 A head covering
4 Preliminary race
5 Courage
6 Menace
7 Toothed bar

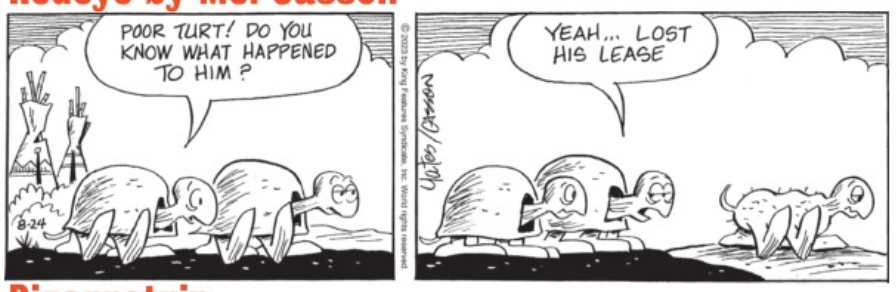


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

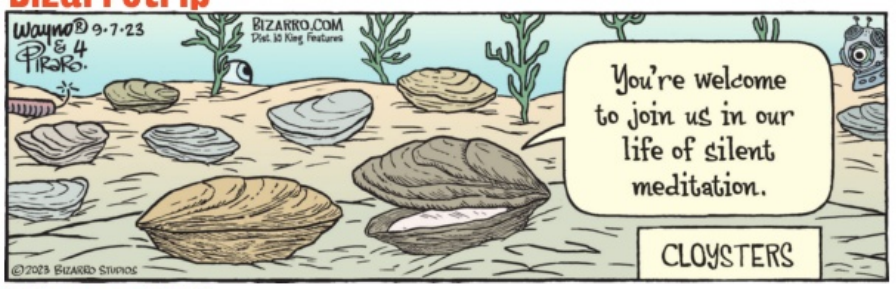
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson



Bizarrotrip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Diamond Lil

Hart of the city

THANKS FOR GOING TO THE DANCE WITH ME. AS FRIENDS.
THANK YOU FOR NOT MAKING THIS FEEL LIKE A DATE!
BOUNDARIES ARE MEANT TO BE RESPECTED!
IF THIS WAS A DATE, HYPOTHETICALLY SPEAKING, IT WAS A PRETTY FUN ONE.
HYPOTHETICALLY, I'D CHEERS TO THAT!
HART OF THE CITY
@COMICS.COM/HARTOFTHECITY

Crankshaft

I'M FOR CALLING IT A DAY WITH 'ULYSSES' AND SWITCHING TO ANOTHER BOOK!
IT'S BEEN SAID THAT READING CHALLENGING WORKS CAN HELP STAVE OFF DEMENTIA.
AFTER TWO YEARS OF READING 'ULYSSES'... WE'RE MENTALLY BULLETPROOF!
BATIUK & DAVIS tombatiuk.com/books

Mutts

IN AN ADVENTURE COMIC SHTRIP, EVERY DAY YOU ADD TO THE SHTORY.
BUT WE DO NOTHING! WHAT CAN THAT POSSIBLY ADD TO THE STORY!?!
SHUSPENSE!
mutts.com
www.kingfeatures.com

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, with the help of blessings from elders, you may become confident. Your working efficiency may increase. You can start new innovations in terms of business and work. You are likely to make smart gains after a few investments. Opponents and rivals are now under control. You may help a needy person by giving money, which may increase your prestige. You may bring some creative stuff for your house.

Taurus Apr 21 – May 20
Today, things are mixed. You may be busy with kids. You may expect some short trips related to kids' academics. You will also enjoy your romantic moments. Couples may have good news in terms of new baby births. You may plan to go on an outing with family or friends as well. Natives on the job may plan for higher education to increase their skill set.

Gemini May 21 – Jun 21
Today may be somehow disappointing; you may be impatient, and you may not be able to focus on your goals. Investments in fixed assets are advised to postpone for a while. It is advised to take care of your parents' health.

Cancer Jun 22 – July 23
Today, you may feel energetic and courageous, and you are likely to buy some important household stuff for your home or office. Your inner strength is likely to be helpful in completing your projects before the deadline. Disputes with the siblings are likely to be resolved. There may also be some short trips related to work, which will increase your network.

Leo Jul 24 – Aug 23
Today, time is favourable. You may be able to control your expenditures. Your savings are likely to increase. You may be busy at home. You may bring some artefacts to your home. You may also plan to renovate your office. There is an atmosphere of joy and happiness in the family. Lovebirds are likely to plan to get married. Singles may get a soul match. Kids will perform well.

Virgo Aug 24 – Sep 23
Today, things are now under control; you may feel some new energy, which may give you confidence. You are likely to find a new way, which may tend you towards success at work. Parental business may reach new heights. A chronic illness is likely to be cured. You may also plan for an overseas trip.

Libra Sep 24 – Oct 22
Today, there may be a dull feeling in you, which may make you upset and impatient. You are likely to face some health-related issues. It is advised to avoid rash driving and adventure tours. You are advised to keep an eye on hidden enemies and opponents; you might be a victim of a conspiracy. You should avoid making any arguments.

Scorpio Oct 23 – Nov 22
Today may be good for your professional life. This is a time when you may be busy in your professional and job fields. You may become passionate about your work, which may give you mental fatigue. You may not be able to make it on time for family or social get-togethers. Your spouse may support you to maintain domestic harmony. Lovebirds may expect to take important decisions in terms of marriage. Job seekers may hear good news in terms of suitable jobs with the help of friends.

Sagittarius Nov 23 – Dec 22
Today you are blessed by the moon, which may make you happy. You may be busy at work. You are likely to increase your network in terms of work. With the help of the elder's blessings, you will implement new plans into your work for success in the near future. You may plan to visit a close relative or party with friends.

Capricorn Dec 23 – Jan 20
Today, there may be a dull feeling in you, which may make you sensitive and emotional. You may have some health-related issues as well. It is advised to avoid rash driving. You are advised to keep an eye on hidden enemies and opponents; you might be a victim of a conspiracy. It is advised for lovebirds to keep their patience and avoid making arguments on worthless topics.

Aquarius Jan 21 – Feb 19
Today, you may try to analyse yourself and figure out your mistakes. Self-analysis will boost confidence at work. In partnerships, disputed matters are likely to be resolved. Warmness with the spouse is likely to improve. Students may make quick decisions in terms of their career. Singles may find a good match, luckily.

Pisces Feb 20 – Mar 20
Today, with the blessings of the moon, you may have happiness around you. Projects that were stopped will now come back on track. Relationships with the spouse may be stronger. You may perform well at work. Singles are likely to find a soul mate. Lovebirds may make plans to convert the relationship into marriage. You may get promotions in your job, and job seekers may find a good job.

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SOLUTIONS

SOLVE IN 1M
(50/1) / (8/9) ·24+100=
(50*6) / 8*24+100=
300/8*24+100=
900+100=1000

BULL'S EYE
BEQUEST, beset, best, bust, quest, stub, suet

FAST FIVE

C	R	A	W	S
L	I	E	G	E
E	L	I	D	E
H	E	L	O	T
A	C	N	E	D

RIDDLER
Ninety

STRIKE OUT

E	A	R	E	D	■	S	T	R	O	K	E	D	■	A
T	■	D	E	N	■	H	A	D	■	A	■	T	■	T
■	I	M	A	G	I	N	E	■	Y	■	I	■	■	A
T	A	N	■	S	R	I	■	E	■	■	N	■	■	U
N	■	N	O	S	T	R	U	M	■	T	■	■	■	N
N	O	V	I	C	E	■	A	T	E	A	S	E	■	■
A	■	■	A	■	Y	E	A	R	■	I	■	F	■	■
T	R	Y	S	T	■	L	E	B	R	O	■	M	■	■
S	■	F	■	A	B	L	E	R	■	O	■	■	■	■
A	F	A	R	■	O	■	C	A	N	T	O	■	■	■
E	■	A	■	C	A	D	■	■	S	■	O	■	■	■
P	A	T	T	O	N	■	N	A	S	E	R	■	■	■
■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

QUICK

E	G	G	P	L	A	N	T	■	I	S	M	S	■	■
Z	■	N	■	I	■	G	■	D	■	E	■	N	■	■
I	B	I	Z	A	■	I	C	E	F	L	O	E	■	■
S	■	R	■	U	■	S	■	T	■	X	■	T	■	■
■	I	R	A	O	I	S	■	S	O	A	R	S	■	■
L	■	A	■	A	■	■	■	A	■	■	■	I	■	■
L	I	T	T	L	E	■	S	T	E	R	E	O	■	■
■	■	A	■	E	■	T	■	O	■	■	■	M	■	■
H	A	D	E	S	■	U	N	W	I	S	E	■	■	■
O	■	I	■	N	■	O	■	A	■	I	■	H	■	■
Y	A	P	P	I	N	G	■	H	O	C	K	S	■	■
A	■	A	■	T	■	U	■	S	■	N	■	A	■	■
M	O	V	E	■	A	D	O	P	T	I	N	G	■	■

MENSA PUZZLE
D: looking both across and down, only lines that appear in both the first two squares are carried forward to the third square.

QUOTE UNCODE
The search for someone to blame is always successful.

SUDOKU

5	3	1	8	2	4	7	6	9
8	2	4	7	6	9	1	5	3
6	7	9	3	1	5	8	4	2
1	8	6	4	5	2	3	9	7
9	4	7	6	8	3	2	1	5
3	5	2	1	9	7	4	8	6
4	9	5	2	7	1	6	3	8
2	1	8	9	3	6	5	7	4
7	6	3	5	4	8	9	2	1

ALPHA TRIANGLE
A, At, Hat, Heart, Hearth, Rathcel.

GO FIGURE
Easy
7 - 7 + 4 - 2 = 2
Medium
8 + 2 x 6 / 3 = 20
Hard
3 x 7 + 5 / 2 = 13

LOOP

KAKURO

Volume No 16, Issue No 27 RNI NO:KARENG/2007/22411 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore - 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru - 560 011, Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon - responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

HEALTH TIP: Leafy greens like spinach are also an excellent source of several nutrients, including iron, manganese, and vitamins A, C, and K

Beyond being a flavourful snack, peanuts offer magnesium, protein, and healthy fats

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SWIPE RIGHT

How risky is it to give card details over phone and how to reduce chance of fraud?

Paying for things digitally is so common, most of us think nothing of swiping or tapping our card, or using mobile payments. While doing so is second nature, we may be more reluctant to provide card details over the phone.

Merchants are allowed to ask us for credit card details over the phone – this is perfectly legal. But there are minimum standards they must comply with and safeguards to protect consumer data.

So is giving your card details over the phone any more risky than other transactions and how can you minimise the risks?

How is my card data protected?

For a merchant to process card transactions, they are expected to comply with the Payment Card Industry Data Security Standard. This is a set of security requirements designed to protect cardholder data and the trillions of dollars of transactions each year.

Compliance involves various security measures (such as encryption and access controls) together with strong governance and regular security assessments.

If the information stored by the merchant is accessed by an unauthorised party, encryption ensures it is not readable. That means stealing the data would not let the criminals use the card details. Meanwhile, access controls ensure only authorised individuals have access to cardholder data.

Though all companies processing cards are expected to meet the compliance standards, only those processing large volumes are subject to mandatory regular audits. Should a subsequent data leak or misuse occur that can be attributed to a compliance failure, a company can be penalised at levels that can escalate into millions of dollars.

These requirements apply to all card transactions, whether in person, online or over the phone. Phone transactions are likely to involve a human collecting the card details and either entering them into computer systems, or processing the payment through paper forms. The payment card Security Standards Council has detailed guides for best practice:

A policy should be in place to ensure that payment card data is protected against unauthorised viewing, copying, or scanning, in particular on desks.

Although these measures can help to protect your card data, there are still risks in case the details are misplaced or the person on the phone aren't who they say they are.

Basic tips for safe credit card use over the phone

If you provide card details over the phone, there are steps you can take to minimise the chance you'll become the victim of fraud, or get your details leaked.

1. Verify the caller

If you didn't initiate the call, hang up and call the company directly using details you've verified yourself. Scammers will often masquerade as a well-known company (for example, an online retailer or a courier) and convince you a payment failed or payment is needed to release a delivery.

Before you provide any information, confirm the caller is legitimate and the purpose of the call is genuine.

2. Be sceptical

If you are being offered a deal that's too good to be true, have concerns about the person you're dealing with, or just feel something is not quite right, hang up. You can always call them back later if the caller turns out to be legitimate.

3. Use secure payment methods

If you've previously paid the company with other (more secure) methods, ask to use that same method.

4. Keep records

Make sure you record details of the company, the representative you are speaking to and the amount being charged. You should also ask for an order or transaction reference. Don't forget to ask for the receipt to be sent to you.

Check the transaction against your card matches the receipt – use your banking app, don't wait for the statement to come through.

Virtual credit cards

In addition to the safeguards mentioned above, a virtual credit card can help reduce the risk of card fraud.

You probably already have a form of virtual card if you've added a credit card to your phone for mobile payments. Depending on the financial institution, you can create a new credit card number linked to your physical card.

Some banks extend this functionality to allow you to generate unique card numbers and/or CVV numbers (the three digits at the back of your card). With this approach you can easily separate transactions and cancel a virtual card/number if you have any concerns.

What to do if you think your card details have been compromised or stolen? It's important not to panic, but quick action is essential:

- call your bank and get the card blocked so you won't lose any more money. Depending on your situation, you can also block/cancel the card through your banking app or website
- report the issue to the police or other relevant body
- monitor your account(s) for any unusual transactions
- explore card settings in your banking app or website – many providers allow you to limit transactions based on value, restrict transaction types or enable alerts
- you may want to consider registering for credit monitoring services and to enable fraud alerts.

So, should I give my card details over the phone?

If you want to minimise risk, it's best to avoid giving card details over the phone if you can. Providing your card details via a website still has risks, but at least it removes the human element.

The best solution currently available is to use virtual cards – if anything goes wrong you can cancel just that unique card identity, rather than your entire card.

(By Paul Haskell-Dowland, Edith Cowan University and Ismini Vasileiou, De Montfort University, The Conversation)

All you need to know about...

Workaholics' issues

Why the long face

Workaholics' moods are generally worse than those of other people, even while they are engaged in the thing that they are most passionate about; their work. Workaholism is similar to other addictions such as gambling or alcoholism.

High stress, poor health

Professor Balducci, an author of the study, explains: "The negative mood observed in workaholics may indicate elevated daily stress levels and that could be the cause of the higher risk for these individuals to develop burnout and cardiovascular problems. Furthermore, considering that workaholics often hold positions of responsibility, their negative mood could readily influence that of colleagues and co-workers. This poses a risk that organisations should seriously consider, intervening to discourage behaviors that contribute to workaholism."

What is work addiction?

Work addiction has been a well-known phenomenon for a long time: people suffering from it tend to work excessively and compulsively. This is a true obsession that negatively affects health, psychological well-being, and relations with family and friends.

Gender difference

Another interesting result that emerged from the study is that of gender differences. The relationship between work addiction and bad mood was in fact more pronounced in women than in men, indicating a greater vulnerability of women to workaholism.

Dangers ahead

Results warn of dangers of workaholism. Work addiction can lead to significant negative repercussions not only on relationships with family and friends, but also on physical and psychological well-being. The so-called "overwork illnesses" can also be fatal.

—ANI

7 Types Of Cheese To Try On Your Pizza

If cheesy pizza is your forever BAE, then why not get the cheese blend right so you can make your own at home whenever you want! If you've been trying to replicate that stretchy, creamy, cheesy pizza at home, try a mix of these cheeses that you're sure to love.

Cheddar

Cheddar cheese has a sharp taste, and while it isn't mostly used as a standalone cheese on pizza, it's found in several cheese blends. This makes it one of the best cheeses for pizza. Mild cheddar is smoother and creamier than sharp varieties.

Mozzarella

Undeniably everyone's favourite, mozzarella cheese can be used on its own for a deliciously cheesy pizza at home. Being a versatile cheese, mozzarella blends well with several other kinds of cheese. Choose between high-moisture or low-moisture mozzarella–the former has a shorter shelf life and light flavour, while the latter has a dense flavour and melts faster when baked. Remember to drain mozzarella before using on your pizzas, especially if you're using it as a standalone cheese.

Ricotta

This cheese is the base for white sauce pizzas and is blended with other cheeses like mozzarella and gruyere for that creamy richness.

Parmesan

Parmesan is a hard cheese that can be shredded or shaved on top of baked pizzas. Due to the delicate flavour and dry texture of this cheese, avoid baking it as heat can destroy its taste.

Goat Cheese

This cheese doesn't melt but softens up very nicely when baked. You can add goat cheese in bits on the top of your pizza, once you've added the other cheese blends. Goat cheese tastes delicious on caramelised onion and spinach pizza.

Provolone

Depending on how long it's been aged, the flavour of this semi-hard cheese varies greatly. As with most cheeses, provolone that's been aged for a longer period is sharper in taste and drier in texture. If you want a sweet, creamy cheese, go for shorter aged provolone. Use on any pizza with toppings and cheeses of choice.

Gruyere

This hard yellow Swiss cheese starts with a sweet taste but ends with a nutty and earthy flavour owing to it being cured in brine. It melts very well and as such, is a must-have on your cheese blend pizza! .

— by Kalwyna Rathod, Femina

How to have a Pizza Party Day

Everyone may be in a TGIF sort of mood today , but for pizza lovers, the day is extra special because it's Pizza Party Day . And there are loads of ways for you to celebrate. Here are a few...

HOST A PIZZA PARTY
Don't have much time to cook a meal? Then just order in pizza at home, grab a few drinks and perhaps even watch the IPL match while you're at it.

GO ON A PIZZA CRAWL
Feel like having a night on the town? Then consider doing a pizza crawl. Get a group of friends together and head to different restaurants that are known for their pizzas and try a slice of each pizza.

MAKE PIZZA
If you love spending time in the kitchen, then just go ahead and make pizza. The best part is you can use any topping you and your friends like. You could make things interesting and have a pizza bakeoff with a couple of your guests.

ORDER PIZZA AT WORK
Do you and your colleagues love pizza? Then have a pizza party at the office by ordering it at work for lunch. That's team-building goals, for you!

GIVE AWAY PIZZA-THEMED GIFTS
Give your guests fun little gifts that they can take home after the party -like pizza earrings for the girls, and pizza T-shirts for the guys.

—Femina

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Bowling League 2

Sandalwood stars are geared up to participate in the Bowling League 2. The Bowling League has become famous on par with cricket, kabaddi, and badminton leagues. With the success of the Bowling League held last year, arrangements are being made to organise the Bowling League 2.

A media briefing was held recently to introduce the stars participating in the Bowling League 2. The stars are excited to participate in the Bowling League 2.

Several stars will be gracing mega event that will see participation of 6 teams

Kamar Film Factory, which organised the Bowling League last year, is making arrangements to organise part two also. Sandalwood heroines Karunya Ram, Dhanya Ram, Rakshita Shetty, Rachana Inder, Brunda Acharya, Sakshi, and actors Tarun Chandram, Kempe Gowda, Bharath and others were present on the occasion. Six teams will participate in the Bowling League 2.

The two-day Bowling League 2 is expected to be held in December. Srinagar Kitty and his team won the trophy last year.

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A cautionary tale

SUGAR FACTORY
3.0 RATING ★★★☆☆
• **DIRECTOR** Deepak Aras
• **ACTORS** Krishna, Sonal Monteiro, Advithi Shetty, Ruhani Shetty, Rangayana Raghu, Govinde Gowda
• **CERTIFICATION** U/A
• **DURATION** 140 minutes

Director Deepak Aras makes a comeback to Sandalwood with Sugar Factory after a gap of 12 years. Though his first film Manasology was released in 2011, he has ensured to include some traits of the youth today. It shows how youngsters fall in and out of love.

The movie opens with Amu aka Amulu (Ruhani Shetty), a YouTuber, planning to go to Goa to make reels on the youth. Amulu visits Sugar Factory, a well-known pub in Goa, and meets Arya who wants to remain single as he does not believe in love. Meanwhile, there are preparations to celebrate the 5th year of Sugar Factory, owned by Beer Babanna aka Bobs. At this juncture, Amulu insists Arya explain to her why he is averse to love. Arya tells her that he had become friendly with Aditi Bopanna (Sonal Monteiro) from Kodagu who came to Goa to celebrate New Year. He also tells her that Aditi, in an inebriated condition, took to Instagram to announce her love and how then they announced their breakup. He also tells her that he returned to his hometown Mysuru from Goa and there he meets Nandini (Advithi Shetty) who falls in love with him. What happens to Arya and Aditi is what Sugar Factory is all about.

Krishna, as usual, excels as a lover boy. He remains convincing as a casual as well as a true lover. Among the three heroines, Sonali Monteiro gets sufficient screen space to showcase her acting skills. Advithi is good as a young and energetic girl from Mysuru who is ever ready to create awareness among unruly motorists. Ruhani Shetty looks good as a YouTuber. She is very good at dancing. Rangayana Raghu and Govinde Gowda provide good support.

Music by Kabir Rafi is foot-tapping. Cinematographer Santosh Raj Pathaje has done an excellent job, especially in capturing the scenery of Goa and Kazakhstan.

The director could have avoided some dialogues between Krishna and Sonali at a hotel room in Kazakhstan, for the film to be a true entertainer for family audiences.

All in all, the film may appeal to the younger audience.

—Y Maheswara Reddy